



WILLOW STREAM

A FAIRMONT SPA

Spa Menu

FAIRMONT RIO DE JANEIRO COPACABANA



Willow Stream Spa at Fairmont Rio de Janeiro Copacabana

Welcome to Willow Stream Spa.

The first Fairmont in South America brings our signature Willow Stream Spa to the shores of Rio de Janeiro, a 4,300 sq. ft. space that offers five body & face treatment rooms, a private relaxation area, a steam room, and a sauna.

The treatments were designed to balance your energy with nature's helping hand. We were guided by our five elements (Earth, Fire, Water, Air, and Wood) and took inspiration from the rainforest's biodiversity, the beauty of Brazilian oceans and beaches, and Rio de Janeiro's vibrancy, a perfect match for our living well philosophy.

The richness of the rainforest's resources provide our Brazilian location with ingredients that promote relaxation and beauty: nature's bounty is at the core of our mission to create a unique and innovative wellness experience for you.

At the Willow Stream Spa at the Fairmont Rio de Janeiro Copacabana, you will find a balance of health, beauty, and wellness.

Willow Stream

The Spa at Fairmont



Willow Stream Spas are acclaimed around the world for our focus on finding innovative ways to help guests discover their own energy. Energy makes the difference between living and living well.

Each of our spas is designed to reflect the beauty and ambience of its location and of the hotel in which it is located, so no two are alike. Simply being here, away from the chaos of everyday life, relaxes our guests and starts them on their energy journey.

Our name: Willow Stream

We believe these two words reflect our philosophy and our connection to nature's elements.

Willow: The willow represents our deep-rooted authenticity, strong centre and flexible spirit.

Stream: The stream represents our energizing journey through life – bending and changing in a peaceful, purposeful manner as it finds its way around obstacles.

Our logo

Our logo is composed of ancient symbols for the world's essential elements: Earth, Air, Fire and Water. The willow – Wood – is the fifth element. Balancing these elements puts us in sync with nature's equilibrium.

Willow Stream Wellness Facilities

We know that exercise is a vital component to daily life, especially for travellers on the go, and appreciate the desire for high-quality, well-equipped fitness facilities. Fairmont Rio de Janeiro Copacabana Inspire Your Energy, a curated fitness and wellness program, is designed to motivate and challenge all from the experienced athlete to those embarking on a new personal journey and offers the following facilities and services:

- Fitness Center is available for registered adults, age 16 and older
- Steam Rooms / Sauna
- Relaxation areas
- Shower and locker facilities
- Beauty salon: manicure, pedicure, hairdresser, waxing and make up
- Healthy lifestyle cuisine menu

Willow Stream Spa Product Philosophy

Willow Stream Spa takes constant care with the products chosen for their spas. Each brand selected meets a high-quality standard and result-driven products, but also considering our environmental sustainability pillar.

Biologique Recherche

For over 40 years Biologique Recherche's unique methodology has built a strong reputation for astounding effectiveness based on a clinical approach to skincare, delivering immediate and longlasting results, without ever diverging from its philosophy.

Nhá do Brasil

Brazilian brand idealized in 2009, its production is guided by a careful selection of Brazil nuts collected in support of the indigenous community of Apiacás de Juara in Mato Grosso state. Natural products that activate positivity and broaden your body's relationship with nature.



MASQUE VIP O₂

PHASE D'INITIALISATION

Masque visage
au complexe oxygénant
Oxygenating complex
face mask

**BIOLOGIQUE
RECHERCHE**
PARIS

CREME VIP O₂

PHASE DE SOIN

**BIOLOGIQUE
RECHERCHE**
PARIS

**CREME
CONTOURS DES YEUX
VIP O₂**

PHASE DE SOIN

Crème au complexe oxygénant
pour le contour des yeux
Oxygenating cream
for the eyes contour

**BIOLOGIQUE
RECHERCHE**
PARIS

30ml

1 FL.OZ

FLUIDE VIP O₂

PHASE DE SOIN

Elixir oxygénant
pour le visage
Oxygenating elixir for face

**BIOLOGIQUE
RECHERCHE**
PARIS

30 ml

1 FL.OZ

Willow Stream Signature Expressions

Willow Stream Signature Expressions are journeys that aim to integrate all elements of your body to ensure you feel connected to the place while relaxing, restoring and reviving your energy.

Amazon Journey 150 minutes

Be transported and experience the strength of the rain forest and its natural resources during this experience. The journey begins with an açai-seed-scrub exfoliation. It is followed by an immersive *earth* aromatic bath, leading to a final massage with herbal and warm oils. To finish the experience, you will enjoy a Biomagic Mask by Biologique Recherche, with a subtle combination of mineral and clay ingredients.

Ocean Journey 180 minutes

The journey begins with a coconut-based exfoliation, followed by a coconut body mask. Next, we prepare a moisturizing immersion bath, followed by a massage with coconut oil, using movements that are fluid like the ocean, working on the entire circulatory and respiratory system, balancing the flow of your body's energy. The experience finishes off with a facial mask by Biologique Recherche with vitamin E, macadamia nut and cottonseed oils, offering comfort and hydration, leaving your skin soft and glowing.

Gaya Journey 150 minutes

Gaya means "Mother Earth". It will be an experience that will nourish your body and soul. The journey begins with a honey body mask. After this procedure we prepare an aromatic bath based on essential oils and finish with a hot stone massage to absorb toxins.

Advanced Facials

For advanced results in skincare, Biologique Recherche offers high-end products that improve cellular regeneration, reducing the appearance of fine lines and wrinkles for a radiant, youthful skin.

Soin Lissant 90 minutes

Provides instant radiance and long-lasting hydration, which soothes and softens the skin. The treatment is applied to skin with a unique modulating massage, leaving the skin refreshed, smoothed and toned. For sensitive skin in need of deep moisturizing and nutrition.

Vernix 90 minutes

Recommended for sensitive skin, this facial revitalizes, protects and repairs. It accelerates regeneration, increases the skin's ability to self-repair, protects and enhances hydration, softens wrinkles and smooths skin.

Micro Lifting 90 minutes

This revitalizing treatment has a true lifting effect; your skin will be firm, luminous and hydrated. It repairs the skin and reduces the appearance of pores. Silk extracts and hyaluronic acid create a protective barrier that retains water and maintains skin hydration levels. Recommended for skin types in need of cellular regeneration, toning, contouring or with excessive pigmentation.

Post-Beach Moisturizing 90 minutes

The Post-Beach treatment was especially created to help skin sensitized by sun and salt water damage. It repairs the skin's protective barrier, deeply hydrates the top layers of skin, revitalizes, soothes and brightens.

Classic Facials

For advanced results in skincare, Biologique Recherche offers high-end products that improve cellular regeneration, reducing the appearance of fine lines and wrinkles for a radiant, youthful skin.

Strong Oxigenant 60 minutes

A sublime ritual that oxygenates and balances the skin with microexfoliation and a bioenergetic massage. A moment of total well-being and relaxation that oxygenates the skin, smooths facial contours and immediately gives you a radiant complexion. Suitable for devitalized and dehydrated skin.

Rejuvenating and Filling 60 minutes

This treatment intends to smooth and reduce wrinkles. Your skin will look smoother and younger thanks to the sculpting technique that harmonizes the physiology of your face. Algae extracts repair the skin, alpha hydroxy acids exfoliate and smooth, and B3 vitamins offer antioxidant protection. Recommended for mature skin.

Purifying 60 minutes

A purifying ritual that rebalances the functions of the epidermis, recommended for all skin types, balancing the pH of oil-prone skin. It is a treatment based on yeast and purifying plant layers, which leaves the skin clean and bright.

Body Treatments

Inspired by the elements, enjoy body treatments created exclusively by our Willow Stream Spa.

Earth Ritual 90 minutes

Inspired by the element earth, this treatment is meant to renew your energies, improving your health and vitality. The experience includes a body scrub of açai, with its antioxidant benefits, followed by an invigorating massage with herbal pouches and earth aromatic oil, to detox and relax your body.

Wood Ritual 90 minutes

This treatment will help your body detox by improving your circulation and aiming at a reduction of fatty tissue from problem areas. It starts with a sculpting massage, an amazing method to eliminate water retention, followed by a facial massage designed to waken your muscles and increase the blood flow to your face, oxygenating your skin cells.

Fire Ritual 90 minutes

This ritual is intended to restore your energies with the properties of the element fire. It starts with an aromatic Himalayan salt exfoliation, followed by a honey mask that will leave your skin soft and luminous, as well as rejuvenated. The experience ends with a relaxing massage using essential oils that will energize your body and restore your vitality.

Water Ritual 90 minutes

Inspired by the element water, this ritual is calming and hydrating. It starts with a coconut exfoliation and is followed by a massage that applies the fluid movements of the ocean to your body.

Air Ritual 90 minutes

This is a treatment for those with overactive minds who are looking for deep relaxation. The experience starts with a head massage, followed by a gentle massage with the calming properties of lavender essential oil. The ritual ends with feathers, which symbolize lightness and inspiration.

Body Massages

Signature Massage 90 minutes

Long, continuous strokes with oils that help balance your physical, mental and emotional beings will stretch your muscles, nourish the body's tissues and detoxify to bring you to a state of deep relaxation and well-being.

Hot Stones 90 minutes

For millennia, warmed volcanic stones have been used for therapeutic purposes; the stones are placed on reflex points, energy channels and tense spots all over the body, that will massage the muscles, balance and renew your energy. The temperature is adjusted according to individual needs and requirements.

Lomi Lomi 60 minutes

This therapeutic massage was originally created in Polynesia. It reestablishes the body-mind-spirit balance through circular movements, breathing and rhythm. The movements are as fluid and act on the circulatory, respiratory, immune, digestive and endocrine systems, harmonizing your body's energy flow.

Sacred Feminine 60 / 90 minutes

This massage was developed to strengthen your connection with the sacred feminine within you through delicacy and wisdom. geranium, ylang ylang and lavender essential oils are used to promote deep relaxation while untangling physical and emotional knots and taking you to a state of inner peace and tranquility. This treatment is recommended for women who seek self-knowledge and fulfillment.

Sports Massage 60 / 90 minutes

During this therapeutic massage, you will experience different levels of pressure and muscle stretching, techniques and rhythms to bring deep muscle relaxation. It will activate circulation, dissolve knots and reduce pain. The massage is recommended for athletes, after physical activity.

Lymphatic drainage 60 minutes

The application of gentle, slow and rhythmic pressure along the lymphatic pathway improves its function and helps your body detoxify and relax as it reduces bloating and water retention.

Relax Massage 60 minutes

A therapy massage that combines various manual techniques promoting stress relief and causing relaxation. It benefits flexibility and increases circulation, calms body and mind, providing lightness and well-being.

Sculpting 60 minutes

The sculpting massage is an intense experience that uses specialized products to sculpt your body and reduce measurements; it also can be effective to treat cellulite, localized fat deposits and sagging skin.

Couple's Treatments

Honeymoon at Fairmont Rio de Janeiro Copacabana 120 minutes

Known as an elixir of love, honey keeps skin soft, youthful and glowing. Indulge in side-by-side body exfoliations, using naturals ingredients, and full-body massages, complete with a whipped mask of local organic honey blended. The experience is completed with massage with hot oils with ylang-ylang.

Couple's Massage 60 / 90 minutes

The perfect gift is to have time together. Let the pressures of life melt away while you drift off enjoying a side-by-side custom massage. Select from any massages on the menu.

Additional Time

To upgrade any of our present treatments with additional time and services, the below mini treatments will suit your skin care needs, ensuring complete relaxation and rejuvenation. Choose from a variety of 30 minute mini treatments including:

- Body Scrub
- Head Massage
- Head, Neck, and Shoulder Massage
- Foot Massage and Legs
- Organic Facial Mask Application

Spa Etiquette

Spa Environment

Willow Stream Spa is a place to restore your energy and relax. For your peace and privacy, phones and other electronic devices are not permitted. If you would like to receive messages during your time with us, please let one of our colleagues know and we would be happy to assist.

Spa Arrival And Etiquette

We recommend you arrive 30 minutes prior to your appointment to enjoy the facilities and ensure your treatment starts on time. Late arrivals may result in a reduction of your treatment experience. To make any changes to your booking, please contact the Spa at: (21) 2525-1216

Personal Matters

Please inform us of any health conditions at the time of booking. You will also be asked to complete a medical history form upon arrival, so we can better customize your experience to your needs.

Spa Attire

You will receive a robe and slippers to wear between treatments and a locker for your personal belongings. We ask that you please leave jewelry and valuables in your hotel room.

Gift Cards

Gift cards for all spa services and packages are available for purchase. Please contact our Spa Experience Coordinators for further information.

Making Spa Appointments

Phone or Email: Consult our Spa Experience Coordinators to select treatments that fulfill your personal requirements.

Spa Cancellation Policy

If you wish to reschedule or cancel any spa appointments or packages, please notify the Spa 24 hours in advance. Missed appointments without proper notices are subject to a 100% charge for reserved services.

Hours Of Operation

Spa Facility: 9 am to 9 pm

Daily Spa Treatments: 9 am to 8 pm

Daily Fitness Center: 6 am to 10 pm

Price List

Body Massage

Signature	90 minutes	R\$ 480
Sports	60 / 90 minutes	R\$ 360 / 480
Lymphatic Drainage	60 minutes	R\$ 320
Relaxe	60 minutes	R\$ 360
Hot Stones	90 minutes	R\$ 420
Lomi lomi	60 minutes	R\$ 390
Sculpting	60 minutes	R\$ 320
Sacred Feminine	60 / 90 minutes	R\$ 380 / 490

Willow Stream Signature Expressions

Amazon Journey	150 minutes	R\$ 980
Ocean Journey	180 minutes	R\$ 1280
Gaya Journey	150 minutes	R\$ 980

Advanced Facials

Soin Lissant	90 minutes	R\$ 640
Vernix	90 minutes	R\$ 680
Micro Lifting	90 minutes	R\$ 680
Post-Beach Moisturizing	90 minutes	R\$ 540

Classic Facials

Strong Oxigenant	60 minutes	R\$ 460
Rejuvenating and Filling	60 minutes	R\$ 480
Purifying	60 minutes	R\$ 420

Body Treatments

Earth Ritual	90 minutes	R\$ 560
Wood Ritual	90 minutes	R\$ 520
Fire Ritual	90 minutes	R\$ 560
Water Ritual	90 minutes	R\$ 520
Air Ritual	90 minutes	R\$ 520

Couples

Honeymoon	120 minutes	R\$ 1350
Couple's massage	60 / 90 minutes	R\$ 720 / 940

Additional Service

Body Scrub		R\$ 180
Head Massage		R\$ 140
Head, Neck, and Shoulder Massage		R\$ 220
Foot Massage and Legs		R\$ 180
Organic Facial Mask Application		R\$ 260

Willow Stream Day Spa

Amazon Day Spa – 5 hours

Be transported and experience the strength of the rain forest and its natural resources during this experience. The journey begins with an açai-seed-scrub exfoliation. It is followed by an immersive *earth* aromatic bath, leading to a final massage with herbal and warm oils. To finish the experience, you will enjoy a Biomagic Mask by Biologique Recherche, with a subtle combination of mineral and clay ingredients.

After the experience you will have a light meal by the pool

Use of both pools included

Price: R\$ 1350,00

Ocean Day Spa - 6 hours

The journey begins with a coconut-based exfoliation, followed by a coconut body mask. Next, we prepare a moisturizing immersion bath, followed by a massage with coconut oil, using movements that are fluid like the ocean, working on the entire circulatory and respiratory system, balancing the flow of your body's energy. The experience finishes off with a facial mask by Biologique Recherche with vitamin E, macadamia nut and cottonseed oils, offering comfort and hydration, leaving your skin soft and glowing.

3 hours experience with coconut water tasting with pineapple, Sauna and finish with light meal by the pool

Use of both pools included

Price: R\$ 1650,00

Ocean Journey – 3 hours

Ritual Water 1h30min with pineapple juice tasting coconut water and Sauna. This experience ends with a light meal by the relaxing pool or our waiting lounge

Price: R\$ 685,00

Amazon Journey -3 hours

Pindas massage, açai-based exfoliation and Sauna. . This experience ends with a light meal by the relaxing pool or our waiting lounge

Price: R\$ 750,00

Tasting Dish Options:

Quinoa salad – Quinoa salad with broccoli, endamame, mango, carrot and sunflower seed

Vegan poke

Bifum – With grilled green vegetables, fresh herbs and crunchy walnuts

Tomato Soup – Jospér grilled tomato soup with mushroom and burrata cheese

Wellness juices

- Anti-Stress: Strawberry, pear, banana and toast almond
- Detox: Coconut water, Orange, pineapple, kale and ginger
- Energy: Orange, açai and guaraná powder
- Anti-aging: Grape and apple



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Fairmont Rio de Janeiro Copacabana

Av Atlântica 4240, Copacabana, Rio de Janeiro

Brasil 22070-900

tel +55 21 2525 1216